

# Power vs. Force

When we learn to shift our consciousness from the force of the fragment and join the power of the whole, we will align with what is for us and never against us.

<b>MAP OF CONSCIOUSNESS</b>						
	<b>God-view</b>	<b>Life-view</b>	<b>Level</b>	<b>Scale</b>	<b>Emotion</b>	<b>Process</b>
<b>P O W E R</b>	Self	Is	Enlightenment	700-1000	Ineffable	Pure Consciousness
	All-Being	Perfect	Peace	600	Bliss	Illumination
	One	Complete	Joy	540	Serenity	Transfiguration
	Loving	Benign	Love	500	Reverence	Revelation
	Wise	Meaningful	Reason	400	Understanding	Abstraction
	Merciful	Harmonious	Acceptance	350	Forgiveness	Transcendence
	Inspiring	Hopeful	Willingness	310	Optimism	Intention
	Enabling	Satisfactory	Neutrality	250	Trust	Release
	Permitting	Feasible	Courage	200	Affirmation	Empowerment
	<b>F O R C E</b>	Indifferent	Demanding	Pride	175	Scorn
Vengeful		Antagonistic	Anger	150	Hate	Aggression
Denying		Disappointing	Desire	125	Craving	Enslavement
Punitive		Frightening	Fear	100	Anxiety	Withdrawal
Disdainful		Tragic	Grief	75	Regret	Despondency
Condemning		Hopeless	Apathy	50	Despair	Abdication
Vindictive		Evil	Guilt	30	Blame	Destruction
Despising		Miserable	Shame	20	Humiliation	Elimination

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