

SUP Yoga - Should I Add a Floating Studio?

Are you looking for an exciting new option to offer your yoga students? If you have access to a beautiful body of water, consider taking your practice to the next level with SUP Yoga (yoga on a Stand Up Paddleboard). Join us for a session where we'll explore whether this unique approach is right for you. We'll cover everything from the basics of SUP Yoga and the necessary equipment to the training requirements and more!

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