

Types of Prayer

- **Breath Prayer**
- **Centering Prayer**
- **Contemplative Prayer**

- **Conversational Prayer**

- **Fixed-Hour Prayer**

- **Intercessory Prayer**

- **Labyrinth Prayer**

- **Listening Prayer**

- **Liturgical Prayer**

- **Prayer of Lament**

- **Prayer of Recollection**

- **Prayer walking**

- **Welcoming Prayer**

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